

Section H

Stalking Perpetration Scales



- H1. Composite Stalking Scale
- H2. Courtship Persistence Inventory
- H3. Relational Pursuit
- H4. Unwanted Pursuit Behavior Inventory—
Offender

Description of Measures

Perpetration Assessments					
Construct	Scale/Assessment	Characteristics*	Target Groups	Psychometrics	Developer
H. Stalking Perpetration	H1. Composite Stalking Scale	26-item scale with 3 subscales that measure perpetration of mild harassment, threats, and vandalism.	Males and females after a break-up.	Internal consistency: Composite = .74 to .82; Mild harassment = .67; Threats = .71; Vandalism = .54. Test-retest: .79.	Davis, Ace, & Andra, 2000; Dye & Davis, 2003 Copyright 2003
	H2. Courtship Persistence Inventory	41-item scale that measures the frequency of the perpetration of acts used to express interest toward someone who did not reciprocate those feelings.	Males and females who had experienced at least one experience of loving someone who did not reciprocate those feelings.	Internal consistency: Approach = .77; Surveillance = .80; Intimidation = .76; Harm self = .87; Verbal abuse and mild aggression = .82. Evidence of convergent validity.	Sinclair & Frieze, 2000
	H3. Relational Pursuit	28-item scale that measures 4 types of obsessive relational pursuit: pursuit, violation, threat, and hyperintimacy.	Males and females.	Evidence of factorial validity.	Cupach & Spitzberg, 2000; 2004 Copyright 2004
	H4. Unwanted Pursuit Behavior Inventory—Offender	26-item scale that measures the presence, impact, and motivation underlying a range of unwanted pursuit behaviors.	Males and females after a break-up.	Internal consistency: .81.	Palarea & Langhinrichsen-Rohling, 1998; Langhinrichsen-Rohling, Palarea, Cohen, & Rohling, 2000

* Scale and subscale names in characteristics column are those that scale authors use and thus are not always consistent with CDC's terminology.

H1. Composite Stalking Scale

Below is a list of things that other men and women have reported doing after a breakup. Please indicate the number of times that you engaged in the following behaviors after your most recent breakup by circling one of the response options, “never,” “once,” or “more than once.”

	Never	Once	More than once
1. Went by his/her house/apartment/dorm to see what s/he was doing	1	2	3
2. Called him/her just to talk about us	1	2	3
3. Made a point of talking with his/her friends and coworkers	1	2	3
4. Showed up at all of the places that s/he tended to go	1	2	3
5. Went by his/her house/dorm and took something to remember him/her by	1	2	3
6. Wrote to him/her after being asked not to	1	2	3
7. Telephoned/emailed him/her after being asked not to	1	2	3
8. Stood close to him/her and touched without being asked to	1	2	3
9. Tried to keep him/her away from other (wo)men	1	2	3
10. Tried to scare him/her into coming back to me	1	2	3
11. Made specific threats to hurt his/her friends, if s/he did not stop seeing them	1	2	3
12. Made specific threats to damage his/her property, if s/he did not come back	1	2	3
13. Made specific threats to harm his/her pet, if s/he did not return	1	2	3
14. Made specific threats to harm his/her family or friends if s/he did not come back	1	2	3
15. Told stories about him/her to friends to show how well I knew him/her	1	2	3
16. Took him/her someplace against his/her will so that you could talk to him/her	1	2	3
17. Held on to him/her physically, or blocked him/her way so you could talk	1	2	3

	Never	Once	More than once
18. Threatened to hurt myself if s/he did not return to me	1	2	3
19. Destroyed something of his/hers such as a pet or something s/he loved	1	2	3
20. Broke into his/her apartment.	1	2	3
21. Spied on him/her.	1	2	3
22. Followed him/her	1	2	3
23. Did unrequested favors for him/her.	1	2	3
24. Verbally abused him/her	1	2	3
25. Harassed him/her	1	2	3
26. Attempted to force sexual contact	1	2	3

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Scoring Instructions

Item values can be summed, or the mean of the item responses can be computed by summing the values of the items and dividing by the applicable number of items. Higher scores indicate greater levels of stalking behaviors.

References

Davis KE, Ace A, Andra M. Stalking perpetrators and psychological maltreatment of partners: anger-jealousy, attachment insecurity, need for control, and break-up context. *Violence and Victims* 2000;15:407–425.

Dye ML, Davis KE. Stalking and psychological abuse: common factors and relationship-specific characteristics. *Violence and Victims* 2003;18:163–180.

H2. Courtship Persistence Inventory

This survey is meant to examine the courtship process. We are particularly interested in unrequited love. How did you express your interest?

	Never	Rarely (once or twice)	Occasionally (more than twice)	Repeatedly (more than 5 times)	Frequently (more than 10 times)
1. Send or give him/her notes, letters, e-mail or other written communication?	1	2	3	4	5
2. Send or give him/her gifts?	1	2	3	4	5
3. Do unrequested favors for him/her?	1	2	3	4	5
4. Wait or stand outside of his/her class, school, home, or work?	1	2	3	4	5
5. Drive, ride or walk purposefully by residence, work or school?	1	2	3	4	5
6. Try to show up at social or recreational events where you knew s/he would be?	1	2	3	4	5
7. Follow him/her?	1	2	3	4	5
8. Find out information about him/her (phone number, address, hobbies, plans, love interests, etc.) by means other than asking him/her for it?	1	2	3	4	5
9. Secretly take his/her belongings?	1	2	3	4	5
10. Change classes, offices, or otherwise take up an activity to be closer to him/her?	1	2	3	4	5
11. Ask friends about him/her?	1	2	3	4	5
12. Ask him/her out as friends?	1	2	3	4	5
13. Ask him/her out on a date?	1	2	3	4	5
14. Try to manipulate or coerce him/her into dating me?	1	2	3	4	5
15. Try to scare him/her?	1	2	3	4	5
16. Leave unwanted items for him/her to find?	1	2	3	4	5
17. Give him/her unusual parcels?	1	2	3	4	5
18. Spy on him/her?	1	2	3	4	5
19. Harass him/her?	1	2	3	4	5
20. Trespass on his/her property?	1	2	3	4	5

	Never	Rarely (once or twice)	Occasionally (more than twice)	Repeatedly (more than 5 times)	Frequently (more than 10 times)
21. Threaten to hurt him/her emotionally (i.e., ruin reputation, verbally abuse, etc.)?	1	2	3	4	5
22. Threaten to damage belongings (i.e., threaten to vandalize, steal, break, etc.)?	1	2	3	4	5
23. Threaten to vandalize home or car (i.e., break in, fix locks, used graffiti, cut brakes, etc.)?	1	2	3	4	5
24. Threaten to physically hurt someone s/he knew?	1	2	3	4	5
25. Threaten to hurt yourself?	1	2	3	4	5
26. Threaten to physically hurt him/her?	1	2	3	4	5
27. Attempt to verbally abuse him/her (i.e., use sexually explicit or obscene language)?	1	2	3	4	5
28. Attempt to damage his/her belongings?	1	2	3	4	5
29. Attempt to vandalize home or car?	1	2	3	4	5
30. Attempt to physically harm someone he/she knew?	1	2	3	4	5
31. Attempt to hurt yourself?	1	2	3	4	5
32. Attempt to physically harm him/her slightly (e.g., slap, single punch, grab, push, or shove)?	1	2	3	4	5
33. Attempt to physically harm him/her more than slightly?	1	2	3	4	5
34. Verbally abuse him/her?	1	2	3	4	5
35. Damage his/her property?	1	2	3	4	5
36. Vandalize his/her car or home?	1	2	3	4	5
37. Physically harm someone s/he knew?	1	2	3	4	5
38. Physically hurt your self?	1	2	3	4	5
39. Physically harm him/her slightly?	1	2	3	4	5
40. Physically harm him/her more than slightly?	1	2	3	4	5
41. Force sexual contact?	1	2	3	4	5

Note: Scale can be used to assess stalking perpetrated by non-partners.

Scoring Instructions

There are 6 subscales. The Approach Behavior subscale consists of items 1, 2, 3, 12, and 13. The Surveillance subscale consists of items 4, 5, 6, 7, 8, 10, 11, and 18. The Intimidation subscale consists of items 9, 14, 15, 16, and 17. The Harm-self subscale consists of items 25, 31, and 38. The Verbal Abuse and Mild Aggression subscale consists of items 19, 20, 21, 27, 32, 34, and 39. The Extreme Harm subscale consists of items 22, 23, 24, 26, 28, 29, 30, 33, 35, 36, 37, 40, and 41. The first three less violent subscales (Approach, Surveillance, and Intimidation) are scored by taking the mean of the summed item responses (summing values of items and dividing by applicable number of items in subscale). To score the items in the last three more violent subscales (Harm-Self, Verbal Abuse and Mild Aggression, and Extreme Harm) item responses are dichotomized (1=1; 2, 3, 4, 5=2). The means of the sums of the dichotomized items are then computed by dividing the summed scores by the number of applicable items. Higher scores indicate greater levels of stalking behaviors.

Reference

Sinclair HC, Frieze IH. Initial courtship behavior and stalking: how should we draw the line? *Violence and Victims* 2000;15:23–40.

H3. Relational Pursuit

People often pursue intimate relationships without realizing that the person being pursued does not want such a relationship. This pursuit may intend friendship, or romantic intimacy, or perhaps just recognition. In addition, this pursuit may involve behaviors that do not appear in normal circumstances to be intimate, such as invading privacy, intruding into someone's personal life, making threats (e.g., "if you don't go out with me, I'll kill myself"), or just refusing to let go. We are interested in finding out if you have ever pursued a relationship with a person in ways that person did not want, and what kinds of actions you engaged in.

In your lifetime, how often, if at all, have you ever persistently pursued someone over a period of time for the purpose of establishing some form of intimate relationship that this person did NOT want, by . . .

Behaviors	Circle the appropriate response for each item				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Have you ever persistently pursued someone in unwanted ways by...					
1. LEAVING UNWANTED GIFTS (e.g., flowers, stuffed animals, photographs, jewelry, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
2. LEAVING UNWANTED MESSAGES OF AFFECTION (e.g., romantically-oriented notes, cards, letters, voice-mail, e-mail, messages with friends, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
3. MAKING EXAGGERATED EXPRESSIONS OF AFFECTION (e.g., saying "I love you" after limited interaction, doing large and unsolicited favors for her/him, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
4. FOLLOWING HIM/HER AROUND (e.g., following her/him to or from work, school, home, gym, daily activities, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
5. WATCHING HIM/HER (e.g., driving by home or work, watching her/him from a distance, gazing at her/him in public places, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
6. INTRUDING UNINVITED INTO HIS/HER INTERACTIONS (e.g., "hovers" around your conversations, offers unsolicited advice, initiates conversations when she or he is clearly busy, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
7. INVADING HIS/HER PERSONAL SPACE (e.g., getting too close to her/him in conversation, touching her/him, etc.)	0	1	2	3	4

Behaviors	Circle the appropriate response for each item				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Have you ever persistently pursued someone in unwanted ways by...					
8. INVOLVING HIM/HER IN ACTIVITIES IN UNWANTED WAYS (e.g., enrolling her/him in programs, putting her/him on mailing lists, using her/his name as a reference, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
9. INVADING HIS/HER PERSONAL PROPERTY (e.g., handling her/his possessions, breaking and entering into her/his home, showing up at his/her door or car, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
10. INTRUDING UPON HIS/HER FRIENDS, FAMILY OR COWORKERS (e.g., trying to befriend her/his friends, family or coworkers; seeking to be invited to social events, seeking employment at her/his work, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
11. MONITORING HIM/HER AND/OR HIS/HER BEHAVIOR (e.g., calling at all hours to check on her/his whereabouts, checking up on her/him through mutual friends, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
12. APPROACHING OR SURPRISING HIM/HER IN PUBLIC PLACES (e.g., showing up at places such as stores, work, gym; lying in wait around corners, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
13. COVERTLY OBTAINING PRIVATE INFORMATION (e.g., listening to her/his message machine, taking photos of her/him without their knowledge, stealing her/his mail or e-mail, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
14. INVADING HIS/HER PROPERTY (e.g., breaking and entering her/his home, car, desk, backpack or briefcase, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
15. LEAVING UNWANTED THREATENING MESSAGES (e.g., hang-up calls; notes, cards, letters, voice-mail, e-mail, messages with friends, implying harm or potential harm, etc.)	0	1	2	3	4

Behaviors	Circle the appropriate response for each item				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Have you ever persistently pursued someone in unwanted ways by...					
16. PHYSICALLY RESTRAINING HIM/HER (e.g., grabbing her/his arm, blocking her/his progress, holding the car door while she/he is in the car, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
17. ENGAGING IN REGULATORY HARASSMENT (e.g., filing official complaints, spreading false rumors to officials—boss, instructor, etc., obtaining a restraining order on her/him, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
18. STEALING OR DAMAGING VALUED POSSESSIONS (e.g., vandalized her/his property; things taken, damaged or hurt that only this person had access to, such as prior gifts, pets, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
19. THREATENING TO HURT YOURSELF (e.g., vague threats that something bad will happen to you, threatening to commit suicide, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
20. THREATENING OTHERS SHE/HE CARES ABOUT (e.g., threatening harm to or making vague warnings about romantic partners, friends, family, pets, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
21. VERBALLY THREATENING HER/HIM PERSONALLY (e.g., threats or vague warnings that something bad will happen to her/him, threatening personally to hurt her/him, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
22. LEAVING OR SENDING HER/HIM THREATENING OBJECTS (e.g., marked up photographs, photographs taken of her/him without their knowledge, pornography, weapons, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
23. SHOWING UP AT PLACES IN THREATENING WAYS (e.g., showing up at class, office or work, from behind a corner, staring from across a street, being inside her/his home, etc.)	0	1	2	3	4

Behaviors	Circle the appropriate response for each item				
	Never	Only Once	2 or 3 Times	4 to 5 Times	Over 5 times
Have you ever persistently pursued someone in unwanted ways by...					
24. SEXUALLY COERCING HER/HIM (e.g., forcefully attempted/succeeded in kissing, feeling, or disrobing her/him, exposed yourself, forced sexual behavior, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
25. PHYSICALLY THREATENING HER/HIM (e.g., throwing something at her/him, acting as if you will hit her/him, running finger across neck implying throat slitting, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
26. PHYSICALLY HURTING HER/HIM (e.g., pushing or shoving her/him, slapping her/him, hitting her/him with fist, hitting her/him with an object, etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
27. KIDNAPPING OR PHYSICALLY CONSTRAINING HER/HIM (e.g., by force or threat of force, trapped her/him in a car or room; bound her/him; took her/him places against their will; etc.)	0	1	2	3	4
Have you ever persistently pursued someone in unwanted ways by...					
28. PHYSICALLY ENDANGERING HER/HIS LIFE (e.g., strangled her/him, trying to run her/him off the road, displaying a weapon, in front of her/him, using a weapon to subdue her/him, etc.)	0	1	2	3	4

Note: Scale can be used to assess stalking perpetrated by non-partners.

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Scoring Instructions

Items can be summed to create an overall index of perpetration. Higher scores indicate greater levels of perpetration.

References

Cupach WR, Spitzberg BH. Obsessive relational intrusion: incidence, perceived severity, and coping. *Violence and Victims* 2000;15:357–372.

Cupach WR, Spitzberg BH. *The dark side of relationship pursuit: from attraction to obsession and stalking*. Mahwah (NJ): Lawrence Erlbaum Associates; 2004.

H4. Unwanted Pursuit Behavior Inventory—Offender

Please answer the following questions regarding your relationship with _____
(write the first name of your ex-partner here). Did you conduct any of the following unsolicited contact behaviors toward your ex-partner after the break-up?

Contact Behavior	Did the contact occur?			Frequency of the contact					Did you reply to the contact?		Was your response Positive or Negative?	
	Yes	No	N/A	More than daily	Daily	Weekly	Monthly	Less than monthly	Yes	No	P	N
Did you:												
1. leave him/her phone messages or hang-up calls	Y	N	N/A	1	2	3	4	5	Y	N	P	N
2. send/leave you unwanted letters/e-mails/faxes/pages/gifts	Y	N	N/A	1	2	3	4	5	Y	N	P	N
3. engage him/her in a phone conversation	Y	N	N/A	1	2	3	4	5	Y	N	P	N
4. talk with him/her in an Internet chat room	Y	N	N/A	1	2	3	4	5	Y	N	P	N
5. engage him/her in a conversation in person	Y	N	N/A	1	2	3	4	5	Y	N	P	N
6. give him/her items (e.g. letters/gifts) in person	Y	N	N/A	1	2	3	4	5	Y	N	P	N
7. ask friends for information about him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
8. contact his/her family/friends without his/her permission	Y	N	N/A	1	2	3	4	5	Y	N	P	N
9. show up in places where you thought he/she might be	Y	N	N/A	1	2	3	4	5	Y	N	P	N
10. go out of your way to run into him/her "unexpectedly"	Y	N	N/A	1	2	3	4	5	Y	N	P	N
11. unexpectedly visit him/her at his/her home	Y	N	N/A	1	2	3	4	5	Y	N	P	N
12. unexpectedly visit him/her at school/work/some other public place	Y	N	N/A	1	2	3	4	5	Y	N	P	N
13. wait outside of his/her home/work/school	Y	N	N/A	1	2	3	4	5	Y	N	P	N
14. follow him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
15. make vague or implied threats to him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
16. threaten to release information that would be harmful to him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
17. threaten to harm/kill him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N

Contact Behavior	Did the contact occur?			Frequency of the contact					Did you reply to the contact?		Was your response Positive or Negative?	
	Yes	No	N/A	More than daily	Daily	Weekly	Monthly	Less than monthly	Yes	No	P	N
Did you:												
18. threaten to harm/kill someone close to him/her or to his/her pet	Y	N	N/A	1	2	3	4	5	Y	N	P	N
19. threaten him/her with a weapon	Y	N	N/A	1	2	3	4	5	Y	N	P	N
20. release information that was harmful to him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
21. steal items from him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
22. cause damage to his/her property (e.g., home or car)	Y	N	N/A	1	2	3	4	5	Y	N	P	N
23. cause harm to someone close to him/her or to his/her pet	Y	N	N/A	1	2	3	4	5	Y	N	P	N
24. physically injure him/her	Y	N	N/A	1	2	3	4	5	Y	N	P	N
25. kidnap him/her or hold him/her against his/her will	Y	N	N/A	1	2	3	4	5	Y	N	P	N
26. force him/her to engage in sexual contact after the break-up	Y	N	N/A	1	2	3	4	5	Y	N	P	N

If you contacted your ex-partner after the break-up, please describe your typical pattern of contacting your ex-partner after the break-up occurred (e.g. I called him/her 10 times a day for two weeks at his/her work and followed him/her home from work every day; I showed up at several parties that I thought my ex-partner might be at and called his/her phone machine to hear his/her voice).

Scoring Instructions

Mild acts subscale consists of items 1–13. Severe acts subscale consists of items 14–26. Unwanted Pursuit Behaviors total scores are computed by summing the items endorsed by each respondent. A second total score, the Unwanted Pursuit Behavior Severity Index, can be created by only including those items that were reported to have had a negative impact on the respondent. These negative unwanted pursuit behaviors are then weighted by the frequency report. The severe acts (items 14–26) are double-weighted. Note that negative response is not assessed for items 14–26. Higher scores indicate greater levels of unwanted pursuit behaviors.

References

Langhinrichsen-Rohling J, Palarea RE, Cohen J, Rohling ML. Breaking up is hard to do: unwanted pursuit behaviors following the dissolution of a romantic relationship. *Violence and Victims* 2000;15:73–90.

Palarea RE, Langhinrichsen-Rohling J. Unwanted Pursuit Behavior Inventory, 1998. Unpublished measure.

